


# April Menu 2020

Lunch is served between 12-12:30 pm for the suggested donation of \$3.00

Menu is subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Senior Nutrition strives to use whole grain bread products</b> 		1 Tri Tip Steak Tortellini with Mushroom Sauce Roasted Brussel Sprouts Whole Wheat Roll Fresh Crisp Apple Milk	2 Baked Halibut with Lemon Butter Couscous Pilaf Roasted Asparagus Fresh Juicy Strawberries Sugar Cookie Milk	<i>Birthday Friday</i> 3 Chicken Cacciatore with Tri Colored Peppers and Onion Penne Pasta Peas and Corn Pineapple Upside Down Cake Milk
6 Salisbury Steak with Gravy Honey Cinnamon Carrots Flakey Biscuit Fresh Orange Chocolate Milk	7 Roasted Turkey Cornbread Stuffing with Gravy Roasted Brussel Sprouts Fresh Cranberry Sauce Warm Apple Compote Milk	8 BBQ Chicken Garlic Mashed Red Potatoes with Skins California Blend Vegetables Whole Wheat Hawaiian Roll Juicy Pear Milk	9 Italian Meatball Soup Oyster Crackers Garden Salad with Balsamic Vinaigrette Juicy Strawberries Fig Newton Cookie Milk	10 Fresh Salmon with Aioli Sauce Fluffy Wild Rice Mixed Vegetables Mandarin Oranges Potato Roll Milk
13 Pulled Pork Sandwich on a Whole Grain Bun Broccoli Coleslaw Pineapple Chunks Milk	14 Spaghetti with Meat Sauce Tossed Green Salad with Orange Vinaigrette Garlic Breadstick Apricots Milk	15 Turkey Stuffed Bell Pepper Brown Rice Steamed Carrots Oatmeal Date Bar Milk	16 Fresh Salmon with Cucumber Dill Sauce Parmesan Orzo Broccoli Juicy Grapes Whole Wheat Roll Milk	17 Meatloaf with Mashed Potatoes and Gravy Garlicky Green Beans with Lemon Zest Vanilla Wafers Half a Banana Milk
20 Shepherd's Pie Oriental Vegetables Orange Sections Cornbread with Honey Butter Milk	21 Parmesan Chicken Arugula, Beet and Feta Cheese Salad with Red Wine Vinaigrette Roasted Potato Medley Sweet Juicy Apricots Milk	22 Fish and Chips Colorful Coleslaw Fresh Grapes Vanilla Wafer Cookies Milk	23 Philly Cheesesteak Sandwich on a Whole Grain Bun Potato Chips Fresh Crisp Apple Milk	24 Spaghetti with Sausage Meat Sauce Tossed Green Salad with Cherry Tomatoes Whole Wheat Hawaiian Roll Juicy Pear Milk
27 Meatloaf with Mashed Potatoes and Gravy Broccoli and Cauliflower Florets Fresh Juicy Red Grapes Oatmeal Cookie Milk	28 Chicken Sandwich with Swiss, Lettuce, Tomato and Onion on a Whole Grain Bun Sweet Potato Waffle Fries Fresh Strawberries Milk	29 Roasted Salmon with Lemon Dill Sauce Tri Colored Parmesan Pasta Broccoli Florets Mixed Berry Crisp Milk	30 Mongolian Beef Vegetable Fried Rice Oriental Vegetables Juicy Pineapple Fortune Cookie Milk	

**Serving adults 60 years and older ~ Join us at one of the following locations...**

Visit our website: <https://www.edcgov.us/SeniorService.aspx>

Greenwood (530) 885-9160	El Dorado Hills (916) 614-3200	Placerville (530) 621-6160
Pollock Pines (530) 644-4008	Pioneer Park (530) 620-5432	South Lake Tahoe (530) 573-3130
Cameron Park CSD (530) 677-2231 (Mondays, Wednesdays & Fridays only)		Diamond Springs (530) 621-6160

**El Dorado County Senior Nutrition**  
**(530) 621-6160**

**If a nutrition site is closed when you arrive for lunch, or your home delivered meal does not arrive as expected, it may be due to a power outage or building closure. To verify closures you may call the Facility Closure Hotline at (530) 573-3050 or (916) 358-3555 ext. 3050.**

*First time visitors to our sites will receive two free lunch tickets by mail when they submit a completed ID card application!  
Applications are available at the sign-in desk.*